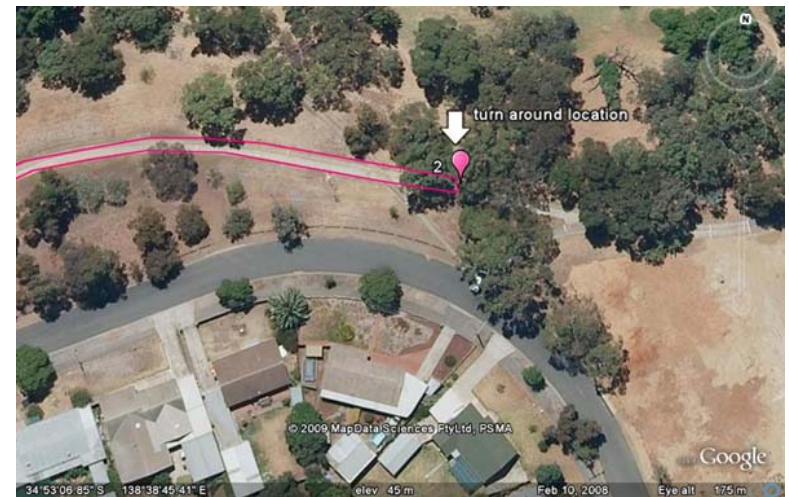


FELIXSTOWE 4KM WALK RUN COURSE



OG ROAD DETAILS



TURN AROUND DETAILS POINT 2

FELIXSTOWE 4KM WALK RUN COURSE

Course Description:

ID	Distance	Description
S/F	0m	Follow path past toilets and playground then veer right on upper path
1	440m	Start of out and back section – at junction follow path up slope and continue to turn around point
2	528m	Turn around point opposite base of large tree on north side about 8m past intersection. Do U-turn and follow path back to timber bridge.
3	837m	Turn right over foot bridge
4	873m	Turn left at T-junction to follow river downstream.
5	1310m	Cross under O G Road
6	1525m	Cross under Obahn busway
7	2327m	Veer left at junction and follow path under Lower Portrush Road
8	2476m	Turn left at intersection over footbridge
9	2507m	Turn left at T-junction to follow river upstream
10	2751m	Turn left at T-junction at top of rise
11	3419m	Cross under Obahn busway
12	3610m	Veer left at intersection, follow upper path, do not take first path to left which has steps
13	3677m	Turn left at T-junction and take main path under O G Road
14	3770m	Pass under O G Road
15	3852m	Straight along main past path to left and cross drain over timber footbridge.
16	3897m	Enter carpark and head for start of path on far side
S/F	4000m	Finish

Updated 14/06/2017