

**Australian Masters Championships 2016 - 16/04/2016 to 19/04/2016****SA Athletic Stadium****Results - Day 3 - Monday Track - Age Grading: 5 Yr Indiv & 5 yr Multi****W30-90 100 Meter Dash Champion**

Name	Age Team	Finals	Wind	Age-Grading
Finals				
1 Peake, Lyn	W66 SA	10.86	NWI	8.46124.03%
2 Brims, Julie	W50 QLD	10.98	NWI	9.72108.01%
3 Davis, Carol	W65 QLD	11.00	NWI	8.57122.45%
4 Forster, Julie	W55 NSW	11.07	NWI	9.41111.56%
5 Cudmore, Miriam	W78 SA	11.24	NWI	7.82134.25%
6 Turner, Sue	W55 SA	11.59	NWI	9.85106.56%
7 Bourke, Sue	W56 ACT	11.66	NWI	9.91105.92%
8 Long, Karen	W41 SA	12.25	NWI	11.70 89.71%

**M30-90 100 Meter Dash Champion**

Name	Age Team	Finals	Wind	Age-Grading
1 Mayston, Rob	M59 VIC	10.56	NWI	9.20106.53%
2 Crombie, Peter	M71 NSW	10.56	NWI	8.22119.13%
3 Hughes, Darren	M53 NSW	10.64	NWI	9.58102.26%
4 McIntyre, Neville	M73 NSW	10.67	NWI	8.31117.90%
5 McMahan, Ashley	M40 NSW	10.76	NWI	10.31 94.98%
6 Ralston, Garry	M60 WA	11.09	NWI	9.34104.96%
7 Parkinson, Gary	M48 QLD	11.10	NWI	10.31 94.95%
8 Watts, Andrew	M60 VIC	11.24	NWI	9.46103.56%
9 Phelan, Leigh	M40 VIC	11.25	NWI	10.78 90.84%
10 Kernaghan, Barrie	M76 WA	12.09	NWI	8.96109.26%

**W35 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Caputo, Vicky	W37 SA	62.98	61.72 77.14%

**W40 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Story, Vanessa	W41 NZ	60.11	56.45 84.33%
2 Long, Karen	W41 SA	60.54	56.86 83.73%
3 Davis, Sharon	W42 WA	62.26	58.47 81.42%
4 Kovacs, Kriszta	W42 NSW	63.82	59.94 79.43%

**W45 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Lambert, Lenore	W46 NSW	59.94	53.85 88.41%
2 Brown, Petrina	W47 QLD	67.13	60.31 78.94%
3 Carter, Janie	W46 NSW	69.56	62.49 76.18%
4 Coombe, Amanda	W48 NSW	73.77	66.27 71.83%
5 Huell, Carolyn	W49 VIC	74.19	66.65 71.42%

**W50 400 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Brims, Julie	W50 QLD	62.79	53.85 88.41%
2 Mogentale, Gianna	W52 NSW	67.97	58.29 81.67%
3 Chinner, Sarah	W53 SA	69.47	59.58 79.91%

**...W50 400 Meter Run**

4 Lakin, Karen	W52 QLD	72.73	62.37 76.32%
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**Australian Masters Championships 2016 - 16/04/2016 to 19/04/2016****SA Athletic Stadium****Results - Day 3 - Monday Track - Age Grading: 5 Yr Indiv & 5 yr Multi**

5 Flynn, Rina	W53 NSW	78.59	67.40	70.63%
6 Alexander, Felicity	W51 SA	1:39.66	1:25.46	55.70%

**W55 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Forster, Julie	W55 NSW	65.91	53.83	88.42%
2 Bourke, Sue	W56 ACT	67.79	55.37	85.97%
3 Turner, Sue	W55 SA	68.03	55.57	85.67%
4 Hossack, Michele	W55 VIC	68.21	55.71	85.44%
5 Drennan, Deborah	W57 NSW	71.02	58.01	82.06%
6 Suttor, Robyn	W57 NSW	72.23	59.00	80.69%
7 Peksis, Julie	W56 NSW	1:21.77	66.79	71.27%

**W60 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Saunders, Margaret	W62 WA	74.99	57.86	82.28%
2 Reid, Marlene	W61 ACT	77.27	59.62	79.85%
3 Norton-Baker, Marlene	W64 SA	78.38	60.48	78.72%
4 Bowman, carol	W61 WA	1:25.09	65.65	72.51%

**W65 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Davis, Carol	W65 QLD	73.46	52.90	89.98%
2 Moorhouse, Paula	W67 NSW	77.54	55.84	85.25%
3 Davey, Irene	W68 QLD	1:35.04	68.44	69.55%

**W70 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Allison, Marge	W71 QLD	78.95	52.13	91.32%
2 Lang, Anne	W73 SA	1:26.12	56.86	83.72%
3 Waring, Chris	W72 NZ	1:27.19	57.57	82.69%

**W75 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Johnson, Ruth	W75 WA	1:32.61	54.54	87.28%

**W80 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Larmour, Consie	W80 ACT	1:55.76	58.19	81.82%

**M30 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Farlow, Adam	M33 ACT	50.92	50.93	84.80%
2 Laws, Michael	M33 NSW	53.94	53.95	80.05%

**M35 400 Meter Run**

Name	Age Team	Finals	Age-Grading	
1 Lemoto, Dan	M39 TAS	53.70	51.85	83.30%

**Australian Masters Championships 2016 - 16/04/2016 to 19/04/2016****SA Athletic Stadium****Results - Day 3 - Monday Track - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Phelan, Leigh	M40	VIC	51.89	48.54 88.96%
2 McMahan, Ashley	M40	NSW	52.08	48.72 88.63%
3 Scully, Graham	M42	QLD	52.96	49.54 87.16%
4 Geracitano, Gino	M42	SA	54.12	50.63 85.29%
5 Smith, Nathan	M40	NSW	54.42	50.91 84.82%
6 Venema, Travis	M40	QLD	54.90	51.36 84.08%
7 Miller, David	M41	SA	55.10	51.55 83.77%
8 Dundas, Allan	M43	SA	61.94	57.94 74.52%

**M45 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Wilcox, Andrew	M47	VIC	52.89	47.89 90.17%
2 Sanford, Craig	M47	VIC	53.86	48.77 88.54%
3 Parkinson, Gary	M48	QLD	54.61	49.45 87.33%
4 Delaney, Todd	M46	NSW	57.84	52.37 82.45%
5 Elms, Mark	M49	WA	57.91	52.44 82.35%
6 McCann, Geoff	M49	NSW	58.48	52.95 81.55%
7 Orford, James	M48	QLD	58.76	53.21 81.16%
8 Davie, EJ	M45	NSW	1:20.76	73.13 59.05%

**M50 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Smith, Colin	M53	WA	56.73	49.67 86.96%
2 Italia, Rob	M50	VIC	56.78	49.71 86.88%
3 McDonald, Peter	M51	VIC	57.31	50.17 86.08%
4 O'Neill, Paul	M50	VIC	57.94	50.73 85.14%
5 Jones, Steve	M52	QLD	59.38	51.99 83.08%
6 James, Darrin	M50	NSW	59.68	52.25 82.66%
7 Cozijnsen, Ron	M54	NSW	62.22	54.47 79.28%
8 Taylor, Dean	M52	NSW	62.54	54.75 78.88%

**M55 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Young, Trevor	M58	NSW	54.63	46.19 93.50%
2 Mayston, Rob	M59	VIC	56.66	47.91 90.15%
3 Devery, Todd	M55	NSW	56.88	48.09 89.80%
4 Hawes, Peter	M59	QLD	59.15	50.01 86.36%
5 Murray, Peter	M55	NSW	60.15	50.86 84.92%
6 Harrell, Hayden	M57	SA	69.18	58.49 73.84%

**M60 400 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Watts, Andrew	M60	VIC	60.15	49.05 88.05%

**...M60 400 Meter Run**

2 McConnell, David	M63	VIC	62.19	50.71 85.16%
3 Morfitt, Neil	M60	WA	63.05	51.42 84.00%
4 Marriott, Wayne	M61	NSW	65.26	53.22 81.15%
5 Nugent, Edward	M60	WA	66.42	54.16 79.74%
6 Cooper, John	M63	VIC	70.93	57.84 74.67%
7 McLean, Paul	M63	WA	79.81	65.08 66.36%
8 Membrey, Harold	M64	WA	1:20.74	65.84 65.59%

**Australian Masters Championships 2016 - 16/04/2016 to 19/04/2016****SA Athletic Stadium****Results - Day 3 - Monday Track - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 400 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 Lamb, John	M66	NSW	61.65	48.31	89.38%
2 Coleman, Alan	M67	TAS	66.46	52.08	82.91%
3 Sims, Geoff	M67	ACT	69.82	54.72	78.92%
4 Gillies, Les	M69	NSW	73.30	57.44	75.17%
5 Ryan, Sean	M67	QLD	73.33	57.47	75.14%
6 Chaplain, Paul	M67	QLD	77.99	61.12	70.65%
7 Roberts, Mike	M65	NT	1:23.15	65.16	66.27%
8 Cresswell, David	M65	TAS	1:30.71	71.09	60.74%

**M70 400 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 McIntyre, Neville	M73	NSW	72.53	54.11	79.80%
2 Bunin, Pio	M74	QLD	79.54	59.34	72.77%
3 Warmoll, Bob	M73	NSW	1:22.82	61.79	69.89%

**M75 400 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 Stevenson, Mick	M75	TAS	73.13	51.08	84.55%
2 Kernaghan, Barrie	M76	WA	75.30	52.59	82.11%
3 Bradford, Tony	M76	VIC	1:29.48	62.50	69.10%
4 Wood, Allan	M78	VIC	1:41.61	70.97	60.85%
5 Hertz, John	M76	VIC	1:44.00	72.64	59.45%

**M80 400 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 Woods, Colin	M81	QLD	1:20.64	51.32	84.15%
2 Carr, David	M83	WA	1:21.77	52.04	82.99%
3 Johnson, Michael	M80	NSW	1:29.98	57.26	75.42%

**M90 400 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 Sinclair, James	M91	VIC	2:10.68	58.61	73.68%

**W30 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 Stacey, Clare	W34	SA	21:52.64	21:52.65	65.87%
2 Keehn, Bianca	W33	NSW	23:28.96	23:28.97	61.37%

**W35 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 Davis, Lisa	W39	SA	19:03.91	1:54.40	755.90%
2 Luke, Jane	W39	SA	21:53.83	2:11.39	658.14%

**W40 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading	
1 Voesenek, Sandra	W44	WA	19:23.93	18:57.75	76.00%
2 Wardle, Clare	W41	WA	19:45.08	19:18.42	74.64%

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3 Gillick, Melissa W41 VIC 26:54.94 26:18.61 54.77%

**W45 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Lennon, Fiona	W46	TAS	19:14.18	17:36.08 81.88%
2 Wilson, Susanne	W49	VIC	19:24.80	17:45.80 81.13%
3 Potezny, Frina	W49	SA	19:33.38	17:53.65 80.54%
4 Buckley, Anne	W48	VIC	20:24.48	18:40.40 77.18%
5 Huell, Carolyn	W49	VIC	20:34.22	18:49.32 76.57%

**W50 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Carpini, Angela	W53	NSW	19:07.78	16:41.44 86.34%
2 Davis, Carolyn	W50	TAS	20:37.54	17:59.76 80.08%
3 Maney, Maree	W53	SA	22:36.51	19:43.56 73.06%
4 Johns, Sharon	W50	TAS	23:03.31	20:06.94 71.64%
5 Caporlingua, Marie	W50	SA	26:37.79	23:14.08 62.03%

**W55 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Lutze, Jenni	W55	SA	21:55.41	18:11.80 79.20%

**W60 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Ryan, Anne	W60	QLD	21:06.56	16:34.00 86.99%
2 Roediger, Rosemary	W61	NSW	21:19.56	16:44.20 86.11%
3 Sims, Kathy	W64	ACT	22:02.80	17:18.14 83.29%
4 Stanley, Helen	W60	VIC	22:18.41	17:30.39 82.32%

**W65 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Trowbridge, Petrina	W69	VIC	28:25.09	20:53.76 68.97%

**W70 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Petrie, Lavinia	W72	VIC	22:19.03	15:10.14 95.01%

**....W70 5000 Meter Run**

2 Bryan, Jeanne	W73	VIC	26:13.22	17:49.32 80.86%
3 Menzies, Betty	W72	QLD	29:12.70	19:51.32 72.58%

**W80 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Young, Anne	W80	ACT	39:20.64	21:19.47 67.58%

**M30 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Brown, Cameron	M30	SA	16:16.71	16:16.72 77.51%
2 Smith, Linden	M30	NSW	18:05.31	18:05.32 69.75%

## Australian Masters Championships 2016 - 16/04/2016 to 19/04/2016

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## Results - Day 3 - Monday Track - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**M35 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Mulholland, Paul	M39	SA	16:08.33	16:08.34 78.18%
2 Nichols, Rob	M38	WA	16:08.71	16:08.72 78.15%
3 Cameron, Joshua	M35	NT	17:18.30	17:18.31 72.91%

**M40 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Draper, Shane	M42	VIC	16:28.19	15:53.71 79.37%
2 Bishop, Michael	M44	VIC	17:28.27	16:51.69 74.83%
3 Hutchison, Shane	M43	ACT	18:16.94	17:38.66 71.51%
4 Keane, Justin	M42	NSW	18:56.35	18:16.70 69.03%

**M45 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Mardon, Chris	M45	NZ	16:03.75	14:56.49 84.44%
2 Smee, Daniel	M45	TAS	16:16.32	15:08.18 83.35%
3 Rohan-Jones, Steve	M47	ACT	17:04.69	15:53.17 79.42%
4 Canfell, Anthony	M45	QLD	17:04.89	15:53.36 79.40%
5 Yee, William	M47	TAS	17:55.01	16:39.98 75.70%
6 Withers, Russell	M46	SA	18:46.50	17:27.88 72.24%
7 Davie, EJ	M45	NSW	22:28.88	20:54.73 60.33%

**M50 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Schwerkolt, Robert	M50	VIC	16:39.32	14:54.70 84.61%
2 Graham, Bruce	M54	ACT	16:54.64	15:08.41 83.33%
3 Cowell, Peter	M52	VIC	17:15.86	15:27.41 81.63%
4 Grey, Jeff	M52	ACT	18:49.77	16:51.49 74.84%
5 Solomon, David	M51	WA	19:47.69	17:43.34 71.19%
6 England, Nigel	M53	ACT	19:52.02	17:47.22 70.93%
7 Kinneen, Brian	M52	WA	20:02.85	17:56.92 70.29%
8 Sheringham, Paul	M53	NSW	20:41.15	18:31.21 68.12%
9 Moore, Dale	M54	ACT	20:58.51	18:46.75 67.19%

**M55 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Riches, David	M58	NSW	17:20.59	14:55.33 84.55%
2 Fitzgerald, Peter	M55	NZ	17:26.37	15:00.30 84.08%
3 Carvalho, Jose	M57	NSW	17:33.52	15:06.45 83.51%
4 Clarke, Dave	M57	ACT	18:51.58	16:13.62 77.75%
5 Byrne, Peter	M56	NSW	19:12.27	16:31.42 76.36%
6 Fenton, Stephen	M58	TAS	19:39.06	16:54.47 74.62%
7 Evans, Simon	M56	VIC	20:54.51	17:59.39 70.13%
8 Hughes, Greg	M57	VIC	22:03.75	18:58.96 66.46%
9 Pilkington, Roger	M57	ACT	22:18.40	19:11.56 65.74%
10 Ware-Lane, Colin	M55	SA	22:51.78	19:40.29 64.14%
11 Mckay, Andrew	M57	SA	25:25.88	21:52.87 57.66%
12 Murphy, Tony	M58	NSW	25:26.00	21:52.98 57.66%

**M60 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
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1 Cameron, Ian	M62	QLD	18:00.32	14:51.81	84.88%
2 McEwan, David	M60	NSW	18:09.34	14:59.26	84.18%
3 Lyden, Peter	M61	TAS	19:36.74	16:11.40	77.93%
4 Schwebel, Ron	M64	NSW	20:11.78	16:40.33	75.68%
5 Gates, Chris	M61	TAS	20:15.92	16:43.75	75.42%
6 Twartz, Alan	M61	SA	20:20.87	16:47.83	75.11%
7 Dybdahl, Bjorn	M62	WA	20:46.12	17:08.68	73.59%
8 Brooks, Colin	M62	SA	22:57.16	18:56.85	66.59%
9 Leitch, Paul	M60	TAS	24:34.74	20:17.40	62.18%

**M65 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Herridge, John Allen	M65	VIC	19:24.32	15:18.89 82.38%
2 Graham, John	M65	VIC	19:42.47	15:33.21 81.12%
3 Scorzelli, Frank	M69	NSW	20:21.86	16:04.30 78.50%
4 Krajewski, Witold	M66	NSW	20:39.92	16:18.55 77.36%
5 Bence, Peter	M66	VIC	20:50.30	16:26.74 76.72%
6 Bowern, Chris	M69	NSW	21:12.90	16:44.58 75.36%
7 Dahl, Graeme	M66	WA	21:18.45	16:48.96 75.03%
8 Costmeyer, Robbie	M69	ACT	21:55.59	17:18.27 72.91%
9 Williams, Dennis	M67	NSW	22:16.51	17:34.78 71.77%
10 Sheer, John	M68	QLD	22:58.56	18:07.97 69.58%
11 Hore, John	M67	SA	26:48.91	21:09.76 59.62%

**M70 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Mathewson, Donald	M71	NSW	19:27.32	14:33.16 86.70%
2 Langford, Jim	M71	WA	20:53.45	15:37.59 80.74%
3 Schickert, Bob	M74	WA	25:46.26	19:16.61 65.45%
4 Thomas, Bryan	M74	ACT	29:21.03	21:57.26 57.47%
5 Hakes, Geoff	M71	SA	30:25.32	22:45.34 55.44%

**M75 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Harrison, Jim	M75	NSW	23:54.21	16:40.80 75.64%
2 Jukes, Michael	M76	QLD	23:55.25	16:41.52 75.59%
3 Schaefer, Heiko	M76	NSW	25:19.61	17:40.39 71.39%
4 Gnanasambandam, Ramanath	M76	SIN	40:19.45	28:08.30 44.84%

**M80 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Woods, Colin	M81	QLD	27:53.92	17:40.94 71.35%
2 Silcock-Delaney, Colin	M83	VIC	38:25.49	24:21.23 51.81%

**W30-90 4x100 Meter Relay 170-219**

Team	Finals
1 NSW 'A'	53.18
1) Mogentale, Gianna 52	2) Strong, Kylie 48
3) Forster, Julie 55	4) Townsend, Vicki 51
2 QLD 'A'	56.14
1) Cimino, Maria 44	2) Brims, Julie 50
3) Morley, Cherie 44	4) Bezuidenhout, Jackie 49
3 SA 'A'	58.41
1) Blute, Kathy 54	2) Attenborough, Lisa 47
3) Pusonjic, Narelle 45	4) Chinner, Sarah 53

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4 VIC 'A'		58.81
1) Kenshole, Gaelyne 46	2) Pollard, Sonya 49	
3) Tindal, Pam 56	4) Hossack, Michele 55	
5 WA 'A'		59.15
1) Choate, Lynne 63	2) Macliver, Peggy 72	
3) Limonas, Lisa 47	4) Davis, Sharon 42	
6 ACT 'A'		59.74
1) Bourke, Sue 56	2) Campbell, Raelene 43	
3) Reid, Marlene 61	4) Sims, Alison 33	

**W30-90 4x100 Meter Relay 120-169**

Team	Finals
1 NSW 'A'	51.69
1) Douglass, Lynda 54	2) Hiscox, Jitka 31
3) Milne, Aanika 35	4) Smith, Amy 36
2 SA 'A'	52.67
1) Long, Karen 41	2) Callins, Katanya 41
3) Neubauer, Cassie 37	4) Konecny, Colleen 48

**W30-90 4x100 Meter Relay 220+**

Team	Finals
1 SA 'A'	58.87
1) Peake, Lyn 66	2) Turner, Sue 55
3) Norton-Baker, Marlene 64	4) Cotter, Jenni 41
2 QLD 'A'	63.08
1) Parrish, Noreen 74	2) Dean, Rosemary 64
3) Paterson, Tamara 49	4) Davis, Carol 65

**M30-90 4x100 Meter Relay 180-239**

Team	Finals
1 SA 'A'	49.64
1) Cassidy, Michael 54	2) Liascos, Con 51
3) Biggs, Peter 51	4) van Bavel, Hans 66
2 VIC 'A'	51.22
1) Phelan, Leigh 40	2) Krawczyk, Brad 40
3) Chisholm, David 47	4) Mayston, Rob 59
3 NSW 'A'	51.96
1) Marriott, Wayne 61	2) Lynch, Matthew 50
3) McIntyre, Neville 73	4) James, Darrin 50
4 VIC 'B'	52.32
1) Italia, Rob 50	2) McDonald, Peter 51
3) Boylen, Christopher 52	4) Olsson, Paul 59
5 WA 'A'	53.30
1) Smith, Colin 53	2) Kernaghan, Barrie 76
3) Elms, Mark 49	4) Ralston, Garry 60

**M30-90 4x100 Meter Relay 120-179**

Team	Finals
1 QLD 'A'	45.53
1) Venema, Travis 40	2) Scully, Graham 42
3) Parkinson, Gary 48	4) Jones, Steve 52
2 NSW 'A'	46.16
1) McMahan, Ashley 40	2) Stinson, Paul 44
3) Laws, Michael 33	4) Hughes, Darren 53
3 SA 'A'	51.47
1) Howson, Mark 57	2) Lowrey, Tim 49

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3) Geracitano, Gino 42

4) Dundas, Allan 43

**M30-90 4x100 Meter Relay 240+**

Team	Finals
1 QLD 'A'	55.13
1) Berlin, Michael 47	2) Chaplain, Paul 67
3) Begley, Joe 62	4) Wight, John 70
2 TAS 'A'	56.31
1) Stevenson, Mick 75	2) Mann, Greg 52
3) Cole, Ian 68	4) Coleman, Alan 67
3 VIC 'A'	68.98
1) Noden, Graeme 78	2) Bradford, Tony 76
3) Wood, Allan 78	4) Hall, Michael 77

**W30-90 4x400 Meter Relay 170-219**

Team	Finals
1 QLD 'A'	4:34.77
1) Paterson, Tamara 49	2) Brown, Petrina 47
3) Lakin, Karen 52	4) Brims, Julie 50
2 NSW 'A'	4:42.15
1) Mogentale, Gianna 52	2) Douglass, Lynda 54
3) Forster, Julie 55	4) Suttor, Robyn 57
3 ACT 'A'	5:09.77
1) Etienne, Gina 50	2) Bourke, Sue 56
3) Sims, Alison 33	4) Campbell, Raelene 43

**....W30-90 4x400 Meter Relay 170-219**

4 TAS 'A'	5:11.24
1) Lennon, Fiona 46	2) Davis, Carolyn 50
3) Johns, Sharon 50	4) McKeown, Cathy 46
5 VIC 'A'	5:30.30
1) Huell, Carolyn 49	2) Pollard, Sonya 49
3) Tindal, Pam 56	4) Bryan, Jeanne 73
-- SA 'A'	DQ
1) Turner, Sue 55	2) Chinner, Sarah 53
3) Lang, Anne 73	4) Caputo, Vicky 37

**W30-90 4x400 Meter Relay 120-169**

Team	Finals
1 SA 'A'	4:37.67
1) Attenborough, Lisa 47	2) Cotter, Jenni 41
3) Long, Karen 41	4) Neubauer, Cassie 37
2 NSW 'A'	5:12.55
1) Gore, Suzanne 53	2) Drennan, Deborah 57
3) Peksis, Julie 56	4) Carpini, Angela 53

**W30-90 4x400 Meter Relay 220+**

Team	Finals
1 QLD 'A'	5:42.23
1) Ryan, Anne 60	2) Dean, Rosemary 64
3) Cimino, Maria 44	4) Davey, Irene 68

**M30-90 4x400 Meter Relay 180-239**

Team	Finals
1 QLD 'A'	3:45.42

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1) Venema, Travis 40	2) Scully, Graham 42	
3) Parkinson, Gary 48	4) Hawes, Peter 59	
2 NSW 'A'		3:55.83
1) Devery, Todd 55	2) Murray, Peter 55	
3) Sharpe, Brad 55	4) Young, Trevor 58	
3 VIC 'A'		3:58.63
1) Schwerkolt, Robert 50	2) Cook, Allan 53	
3) O'Neill, Paul 50	4) Egginton, Andrew William 54	
4 TAS 'A'		4:02.37
1) Lemoto, Dan 39	2) Coleman, Alan 67	
3) Yee, William 47	4) Smee, Daniel 45	
5 SA 'A'		4:17.16
1) Harrell, Hayden 57	2) Geracitano, Gino 42	
3) Howson, Mark 57	4) Cassidy, Michael 54	

**M30-90 4x400 Meter Relay 120-179**

Team	Finals
1 VIC 'A'	3:49.58
1) Phelan, Leigh 40	2) Chisholm, David 47
3) Sanford, Craig 47	4) Wilcox, Andrew 47
2 NSW 'A'	4:30.40
1) Everett, Mike 44	2) Cozijnsen, Ron 54
3) Marriott, Wayne 61	4) Womsley, Garry 52

**M30-90 4x400 Meter Relay 240+**

Team	Finals
1 VIC 'A'	4:15.81
1) Carr, William 66	2) McConnell, David 63
3) Watts, Andrew 60	4) Mayston, Rob 59
2 WA 'A'	4:20.92
1) Ralston, Garry 60	2) Morfitt, Neil 60
3) Kernaghan, Barrie 76	4) Elms, Mark 49
3 NSW 'A'	4:41.75
1) Gillies, Les 69	2) Mathewson, Donald 71
3) McIntyre, Neville 73	4) James, Darrin 50
4 QLD 'A'	4:46.43
1) Jones, Steve 52	2) Begley, Joe 62
3) Ryan, Sean 67	4) Chaplain, Paul 67