

## SAMA ATHLETIC AWARDS 2017

These awards for the **calendar year 2017**, mirror awards established by AMA and serve as part of the process in nominating SAMA members for these awards. In determining the winners of the sprints, runs, walks, jumps and throws awards the following events are considered:

- SAMA T&F Championships
- Summer scratch days
- National Championships
- Oceania Championships
- W.M.A. Championships
- SAMA winter Championships
- Greenbelt ½ marathon
- Barossa ½ marathon
- Adelaide ½ and marathon

Times and distances are assessed for age group percentages at each of the events to determine the most outstanding athlete in each category. Any other notable performances will also be considered. For the Most Outstanding Individual Performance category, this can be awarded for an individual event, for multiple successes on a single day or in a single competition, or for multiple successes in a particular style of event over the year. The last two “Most Outstanding” categories are less regimented and while they may go to an outstanding athlete in one of the above categories, or one that performs well across more than one category, they are also subject to the discretion of the committee.



### Sprints – Winner Lyn Peake W65

Once again Lyn dominated the sprints with 13 runs at over 90% age graded. At the Nationals in Darwin Lyn won silver in the 60m and 200m and was second in the Champion of Champions sprint event. At the World Indoor Championships in Daegu she won gold in the 60m, silver in the 200m and bronze in the 400m.

Runner-up Miriam Cudmore

### Middle Distance – Winner Richard McMahon M55

Richard excelled in 2017 with 14 performances over 80% age graded. At the Nationals he won gold in the 800m and silver in the 1500m.

Runner-up Sarah Chinner

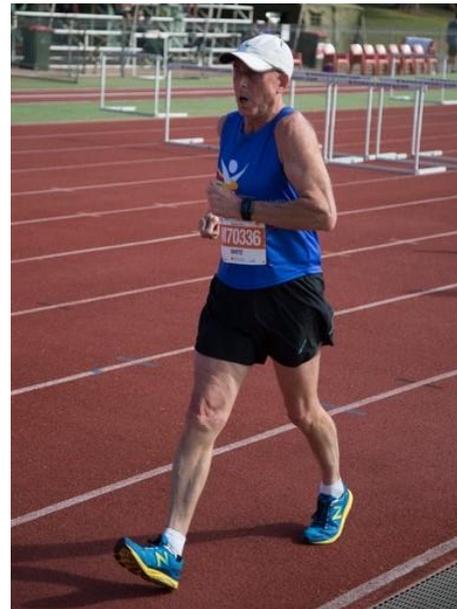




### **Distance – Rob King M60**

Rob had a successful year with 3 performances over 80% age graded, winning the SAMA 5km, 8km and 10km Championships.

Runner-up      Maureen Moyle



### **Walks – Winner George White M70**

George dominated the walks again with 21 performances over 80% age graded. At the Nationals George won the 1500m, 5000m and 10000m walks.

Runner-up      Kim Mottrom



### **Jumps - Winner Miriam Cudmore W75**

Miriam dominated the long and triple jumps with 9 jumps at better than 90% age graded and another 9 at better than 80%. At the Nationals Miriam won both the long and the triple jumps. In December on turning 80 Miriam broke the Australian long jump record,

Runner-up      Chris Minchin



**Throws – Winner Miriam Cudmore W75**

With her dominance again in the shot and javelin Miriam once again won the throws award. She scored 6 performances over 80% age graded. At the Nationals Miriam won gold in the javelin and bronze in the shot.

Runner-up Glynn Boyce

**Administrator/Official  
Winner David Bates**

As Vice President David stepped in as acting president when George was away. He continued to maintain the SAMA web site – a fountain of information. David continued to organise the throws on Wednesday evenings and also organised the winter throws group.

Runner-up Shirley Wright



**Most Outstanding Individual Performance  
Winner Ann Jefferies W55**

Ann has been the most improved field events athlete in 2017, culminating at the Nationals in Darwin where she won gold in the long jump, triple jump, javelin, shot and throws pentathlon. She also won silver in the weight and bronze in the hammer.

Runner-up Colin Brooks



**Most Outstanding Female Athlete and winner of the Pat and Geoff Peters Trophy Winner - Lyn Peake W65**

In addition to her individual successes in the 60m, 100m, 200m and 400m Lyn was part of the World record breaking team in the 4x400m and the Australian record breaking team in the 4x100m.

Runner-up      Miriam Cudmore

**Most Outstanding Male Athlete and winner of the Ruth and Jack Weber Trophy Winner - Ross Hill-Brown M60**

Ross has shown tremendous determination to come back into Masters Athletics after a horrendous car accident after the Lyon World Championships in 2015. Hospitalised for a long time and then confined to a wheelchair – in 2017 Ross came back to the track as a race walker and occasional sprinter

Runner-up      Michael Cassidy

