

WORLD MASTERS ATHLETIC CHAMPIONSHIPS – LYON, FRANCE

Eighteen SAMA members eventually made it to Lyon. Everybody performed to their best in what was the largest World Championships since Japan in 1992. While there were some glaring errors in support areas, they were very well organised as far as the completion was concerned. SAMA members came home with 12 individual medals and 8 team and relay medals.

Medal Winners	Individual	Team/Relay
George White	2 Gold, 1 Silver	1 Gold
Lyn Peake	1 Gold, 2 Silver	2 Silver
Miriam Cudmore	1 Gold, 1 Silver	1 Gold
Liam Hanna	1 Bronze	1 Gold
Anne Lang	1 Gold, 1 Bronze	1 Gold
Allan Mayfield	1 Bronze	
Kathy Blute		1 Silver
Gail Stone		1 Silver

Full Results

100m

K Long	W40	13.07	8 th
K Blute	W50	15.86	37 th
G Stone	W55	15.64	17 th
M Norton-Baker	W60	16.50	
L Peake	W65	14.99	Silver
A Lang	W70	18.13	9 th
M Cudmore	W75	17.74	

200m

K Long	W40	26.52	5 th
K Blute	W50	32.73	33 rd
G Stone	W55	32.58	19 th
L Peake	W65	30.90	Silver
A Lang	W70	37.26	10 th
M Cudmore	W75	37.81	4 th
R Hill-Brown	M60	28.53	20 th

400m

K Long	W40	60.42	7 th
K Blute	W50	77.62	23 rd
G Stone	W55	72.96	10 th
M Norton-Baker	W60	80.01	11 th
L Peake	W65	72.43	Gold
A Lang	W70	83.34	5 th
H Harrell	M55	69.05	46 th
R Hill-Brown	M60	68.20	24 th

800m

L Whitelaw	W60	4.52.2	14 th
A Lang	W70	3.19.6	Bronze
H Harrell	M55	2.36.1	42 nd
A Mayfield	M65	2.26.7	4 th

1500m

A Mayfield	M65	5.04.8	6 th
P Sandery	M70	6.25.5	21 st

5000m

B Barnard	M60	20.12.8	34 th
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10000m

L Hanna	M70	41.32	Bronze
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2000m Steeple

A Lang	W70	11.28.7	Gold
A Mayfield	M65	7.45.8	Bronze
P Sandery	M70	10.06.1	6 th

5000m Walk

G White	M70	29.03	Silver
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Long Jump

L Peake	W65	3.59	5 th
M Cudmore	W75	3.39	Gold

Triple Jump

M Cudmore	W75	7.32	4 th
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Javelin

C Woods	W65	14.19	14 th
A Lang	W70	14.33	13 th
M Cudmore	W75	19.37	Silver

Shot

L Dawson	W55	6.76	26 th
C Woods	W65	5.80	17 th
A Lang	W70	7.07	14 th
M Cudmore	W75	6.84	7 th

Discus

L Dawson	W55	17.11	31 st
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Hammer

L Dawson	W55	18.48	29 th
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Weight Throw

L Dawson	W60	7.81	19 th
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Throws Pentathlon

L Dawson	W55	1873	20 th
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4x100m Relay

K Long	W40	56.29	6 th
K Blute	W50	56.82	Silver
G Stone	W55	60.08	6th
L Peake	W65	63.46	Silver
M Cudmore	W70	70.76	Gold
H Harrell	M55	58.32	6 th

4x400m Relay

G Stone	W50	4.51.3	Silver
L Peake	W65	5.56.7	Silver
A Lang	W70	5.33.0	Gold
H Harrell	M55	4.42.8	8th

10k Road Walk

J Russell	M60	65.04	26 th
G White	M70	59.16	Gold
G White	M65	Team	Gold

20k Walk

G White	M70	2.08.02	Gold
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Cross Country

B Barnard	M60	32.50	34 th
L Hanna	M70	33.53	5 th
L Hanna	M70	Team	Gold

Half Marathon

G White	M70	1.46.19	
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