



South Australian Veterans' Athletic Club Inc.

Founded 1971

GREY HARES

APRIL 1992.

If unclaimed, please return to 30 GLENEAGLES ROAD, MT. OSMOND, S.A. 5064

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REMINDER

If in the future your Grey Hares does not arrive early every second month (February, April, June, August, October, December), then either your 12 monthly annual fees are overdue, our mailing list doesn't match the Registrars lists, or your address has changed. Contact Kurt, our Registrar, to check. Remember that Winter news items and announcements appear in Summer issues and vice-versa, and general Club information can appear in any issues. Club Membership fees are \$25-00 per year (except for Pensioners and Country members, which are \$20-00 and \$15-00 respectively). Registration with A.S.A. is an optional \$45-00 extra.

ANNUAL GENERAL MEETING

The Club's Annual General Meeting was held in the Clubrooms on 31st. of March, beginning at 7:30 pm. 30 members attended. Points to note from the outgoing Club officials reports included:-

- the track area will be leveled by the Council about 1/4/92.
- piping for the track itself (ie. not including the inner field) will cost about \$5,500-00.
- a reasonable number of those present gave their names and phone numbers as volunteers for working bees to install the piping. The trench digging will require about five people, the main installation about 15 to 20.

IF YOU CAN VOLUNTEER TO HELP, PLEASE PHONE DES PAUL (AFTER 8 PM.) ON 298 5005 TO GIVE YOUR NAME AND CONTACT PHONE NUMBER.

- The Vets Club won the A3 Grade's Interclub competition, thanks to a consistent effort during the summer by a small (too small) group of members and officials, and an excellent performance in the Interclub finals by the Finals team listed in the February issue. The Club Captain noted the contribution by Don Brown and Bob Lange, and thanked all members who competed and officiated during the season, Wednesday night runners and walkers, Friday night and Saturday afternoon runners, walkers and field events people.
- The plea for a graded system which would allow competitors to run, jump or throw against others of reasonably similar ability was repeated as per last year, the year before, etc. It seems to be one reason why many Club members do not compete at Olympic Sports Field (Editor included).
- The track watering installation costs will leave the Club with little reserve for the Nationals next year, so sponsorships organised for 1993 will assume a much higher importance. Tom Morgan has made a major contribution in that area.
- Current Club membership is 149 (142 at the 1990 AGM)
- A large number of medals from past seasons have accumulated. The cost of posting them is prohibitive. They will be hung on pins in the Club rooms for 12 months, and then re-cycled, if still unclaimed.
- Two sample Club shirts were displayed, a red and a yellow version. They are short-sleeved dress shirts, embroidered with the Club Logo. They are available for about \$20-00.

----- Election results were:-

| | |
|-------------------------------------|--|
| President: | Des Paul |
| Vice President: | Rob Grieve |
| Secretary: | Avril Hill |
| Treasurer: | Kurt Postler |
| Registrar: | Kurt Postler |
| Club Captain: | Laurie Whitelaw |
| Track Development | |
| Coordinator: | Rob Grieve (installation of watering system) |
| Trophy Steward: | John Harnett |
| Handicapper (Sprints): | Jim Liascos |
| Handicapper (longer): | Jack Weber |
| Clubrooms Maintenance Coordinator: | no election |
| Statistician: | no election |
| A.S.A. Club Council Representative: | Laurie Whitelaw |
| Magazine Editor: | no election. Retained by Paul Boyce |
| D.R.C. Representative: | no election |
| 3 Committee Members: | Kevin Markham, Tom Morgan, Godfrey Parkinson |
| Social Organiser: | no election. Badly needed!!! |

Committee meetings will be on the LAST MONDAY of each month, in the Club rooms.

The SUMMER PRESENTATION ceremony will be held at the Club rooms on 3rd. of MAY, as a BYO Barbeque, starting at 1:00 pm. Please come. The original date, 26th. April, 1992, has an A.S.A. seminar, at Olympic Sports Field, from 10:30 am. to 5:00 pm. Each Club will have a representative there, but registered athletes are welcome to attend.

This seasons CLUB MEMBERSHIP FEES HAVE BEEN SET AT \$30-00 for ordinary members, \$15-00 for Country Members and \$20-00 for Pensioner Members.

THE 1992 CLUB TRACK AND FIELD CHAMPIONSHIPS

These were held on the two Friday nights, 3rd. April and 10th. April. w3 Eleven women and sixty men competed over the two nights, most on both nights, most in more than one event, some in as many as seven (Margaret MacKinnon W65 and Harry Snelgar M75).

Making comments which did justice to all the deserving performances in a hurry is not possible. Some excellent personal improvements were made in the middle distance events, and the M40, M45 and M50 800 metres event was a very strongly contested event, with an inspiring performance by Bob Pearce and Bob Lange. The support of members who individually entered so many events was excellent. To enter 1500M, 5000M and 400M in one and a half hours in Club Championships is a good performance in itself, helping to boost the numbers, and the competition, in each age group. Sadly, as usual, too many events are still un-contested, in that they have only one entrant in many age groups. Medals seem much more valuable when they are won against stiff competition. As in recent years, Don Parker accepted entrants, prepared the event programmes, field event result sheets, lap scoring sheets, and oversaw the conduct of the programme each night of competition.

Several attempts on Australian and World records highlighted one aspect of Club Championships. They are normally somewhat low key, since organisation and conduct on the night has, in recent years, been left to one person, and it is hard for one person to cover all aspects of the Championships. If any members expect that they might break any existing records, or wish to try to break any records, they should advise the organiser (note that request on the entry forms in future) accordingly. This allows the organisation of sufficient timekeepers, etc. for the events involved. Otherwise an otherwise successful record would be invalidated because only one time was taken for the performance, or non-standard implements may have been used.

Friday night, 3/4/91

6:15 pm Sprint Hurdles

M50 1 Don Brown 16.45

W55 1 Brenda Parkinson 13.94

6:15 pm Hammer Throw

M55 1 Harold Martinsen 16.62

M60 1 Eric Matthews 30.08

M65 1 Keith LePage 34.38

M70 1 Steve Halupka 26.14

M75 1 Harry Snelgar 26.44

6:30 pm 1500M

| | | | | | |
|-----|---|-------------------|------|---|-----------------------|
| W30 | 1 | Marcia Sheer | 4-36 | | |
| W35 | 1 | Margaret McIntosh | 5-30 | | |
| M40 | 1 | Bob Lange | 4-15 | 3 | Rob Mangelsdorf 4-35 |
| | 2 | Bob Pearce | 4-17 | 4 | Brian Witty 4-51 |
| M45 | 1 | K. Rienke | 4-19 | 4 | Geof Byham 4-38 |
| | 2 | Brian Erskine | 4-25 | 5 | Doug Smart 5-18 |
| | 3 | Kevin Markham | 4-36 | | |
| M50 | 1 | Dave Turner | 5-14 | 2 | Rob Grieve 5-44 |
| M55 | 1 | George Wenk | 5-00 | 3 | Dave Trembath 5-25 |
| | 2 | Des Paul | 5-12 | 4 | Harold Martinsen 7-37 |
| M60 | 1 | Ron Woodcock | 5-20 | 2 | Dave Opperman 8-37 |
| M75 | 1 | Harry Snelgar | 7-16 | | |

6:45 pm 100M

| | | | | | |
|-----|---|--------------------|-------|---|--------------------|
| W35 | 1 | Veronica Buckley | 14.71 | | |
| W40 | 1 | Virginia Hare | 13.60 | | |
| M40 | 1 | Peter Venables | 11.70 | 3 | Steve Smith 13.00 |
| | 2 | Paul Townley | 11.97 | 4 | Rene Ruolle 13.56 |
| W45 | 1 | Glynn Boyce | 16.40 | | |
| M45 | 1 | Hans Van Bavel | 11.40 | 3 | Norm Charles 13.55 |
| | 2 | Bill Mallyon | 13.50 | | |
| M50 | 1 | Don Brown | 13.02 | | |
| W55 | 1 | Brenda Parkinson | 14.88 | | |
| M55 | 1 | Hal Thomas | 11.63 | 3 | Paul Boyce 14.43 |
| | 2 | Harley Dillon | 12.47 | | |
| M60 | 1 | Tom Morgan | 14.26 | 2 | Kurt Postler 14.77 |
| W65 | 1 | Margaret MacKinnon | 17.27 | | |
| M65 | 1 | Bob Clarke | 14.27 | 3 | John Thomas 20.71 |
| | 2 | Rob Gray | 15.97 | | |

7:15 pm Shot Put

| | | | | | |
|-----|---|--------------------|------|---|-----------------------|
| M40 | 1 | Rene Ruolle | 7.88 | | |
| W45 | 1 | Glynn Boyce | 6.82 | | |
| M45 | 1 | Norm Charles | 6.61 | | |
| M50 | 1 | Don Brown | 9.43 | | |
| M55 | 1 | Des Paul | 7.97 | 2 | Harold Martinsen 5.83 |
| M60 | 1 | Eric Matthews | 9.64 | | |
| W65 | 1 | Margaret MacKinnon | 6.83 | | |
| M70 | 1 | Steve Halupka | 7.64 | | |
| M75 | 1 | Harry Snelgar | 7.77 | | |

7:15 pm 5000M Walk

| | | | |
|-----|---|---------------|-------|
| W40 | 1 | Marilyn Foran | 28-53 |
| M45 | 1 | George White | 23-15 |
| M50 | 1 | Murray Marker | 25-46 |
| M75 | 1 | Jack Weber | 33-34 |

7:50 pm 5000M

| | | | | | |
|-----|---|-------------------|-------|---|---------------------|
| W35 | 1 | Margaret McIntosh | 20-37 | | |
| M40 | 1 | Bob Pearce | 16-32 | | |
| M45 | 1 | John Burnell | 17-13 | 3 | Doug Smart 19-45 |
| | 2 | Geof Byham | 18-51 | | |
| M50 | 1 | John Harnett | 19-46 | 2 | Dave Milburn 19-57 |
| M55 | 1 | Gerry Hicks | 18-03 | 2 | Dave Trembath 20-06 |
| M60 | 1 | Andrew McComb | 20-00 | | |
| M75 | 1 | Harry Snelgar | 27-01 | | |

8:00 pm Triple Jump

| | | | | | |
|-----|---|-------------------|-------|---|-----------------------|
| W35 | 1 | Margaret McIntosh | 7.21 | | |
| M40 | 1 | Brian Witty | 9.20 | | |
| M45 | 1 | Norm Charles | 9.42 | | |
| M50 | 1 | Don Brown | 10.31 | | |
| M55 | 1 | Jim Liascos | 8.32 | 2 | Harold Martinsen 7.30 |
| M60 | 1 | Eric Matthews | 8.25 | | |

8:15 pm 400M

| | | | | | |
|-----|---|-------------------|-------|---|-----------------------|
| M40 | 1 | Peter Venables | 53.44 | 4 | Bob Pearce 57.23 |
| | 2 | Steve Smith | 55.09 | 5 | G. Whitehall 59.29 |
| | 3 | Brian Witty | 56.41 | 6 | Rob Mangelsdorf 59.38 |
| M45 | 1 | Norm Charles | 57.06 | 3 | Bill Mallyon 59.70 |
| | 2 | Kevin Markham | 57.93 | | |
| M50 | 1 | Dave Turner | 65.14 | 2 | Rob Grieve 67.09 |
| M55 | 1 | Des Paul | 60.17 | 3 | Dave Trembath 72.35 |
| | 2 | Paul Boyce | 67.63 | | |
| M60 | 1 | Godfrey Parkinson | 65.57 | 3 | Kurt Postler 81.38 |
| | 2 | Ron Woodcock | 67.95 | | |
| M65 | 1 | Bob Clarke | 65.88 | | |

Friday night, 10/4/91

6:15 pm 300 & 400M Hurdles

| | | | |
|-----|---|-------------|-------|
| M40 | 1 | Bob Lange | 96.66 |
| M55 | 1 | Jim Liascos | 50.91 |

6:15 pm Discus Throw

| | | | | | |
|-----|---|--------------------|-------|---|------------------------|
| W50 | 1 | Glynn Boyce | 19.90 | | |
| W65 | 1 | Margaret MacKinnon | 20.20 | | |
| M40 | 1 | Rene Ruolle | 23.98 | 2 | Brian Witty 20.90 |
| M45 | 1 | Norm Charles | 23.28 | | |
| M50 | 1 | Don Brown | 32.80 | | |
| M55 | 1 | Don Parker | 23.96 | 2 | Harold Martinsen 19.24 |
| M60 | 1 | Eric Matthews | 37.96 | 2 | Kurt Postler 30.50 |
| M65 | 1 | Keith LePage | 34.72 | | |
| M70 | 1 | Steve Halupka | 20.04 | | |
| M75 | 1 | Harry Snelgar | 21.82 | | |

6:30 pm 3000M Walk

| | | | | | |
|-----|---|---------------|-------|---|-----------------|
| W40 | 1 | Marilyn Foran | 16-51 | 2 | Lola Dowd 19-03 |
| M40 | 1 | George White | 13-41 | | |
| M50 | 1 | Nurray Marker | 14.37 | | |
| M60 | 1 | Dave Opperman | 24.37 | | (Disqualified) |
| M75 | 1 | Jack Weber | 19-07 | | |

6:50 pm 200M

| | | | | | |
|-----|---|------------------|-------|---|--------------------------|
| W35 | 1 | Veronica Buckley | 31.48 | | |
| W40 | 1 | Virginia Hare | 27.44 | 2 | Avril Hill 30.77 |
| W55 | 1 | Brenda Parkinson | 31.22 | | |
| W60 | 1 | Ann Cooper | 30.56 | 2 | Margaret MacKinnon 38.60 |
| M40 | 1 | Paul Townley | 24.36 | 3 | Brian Witty 25.07 |
| | 2 | Steve Smith | 24.63 | 4 | Rene Ruolle 27.61 |
| M45 | 1 | Bill Mallyon | 24.41 | 3 | Kevin Markham 26.79 |
| | 2 | Norm Charles | 25.85 | 4 | Peter Dunham 27.58 |
| M50 | 1 | Don Brown | 26.49 | 3 | Dave Turner 29.53 |
| | 2 | Rob Grieve | 29.17 | | |

Continued next page

6:50 pm 200M, continued

| | | | | | | |
|-----|---|-------------------|-------|---|---------------|-------|
| M55 | 1 | Hal Thomas | 24.02 | 3 | Des Paul | 27.31 |
| | 2 | Harley Dillon | 26.51 | 4 | Dave Trembath | 30.08 |
| M60 | 1 | Colin Cooper | 29.22 | 3 | Kurt Postler | 31.44 |
| | 2 | Godfrey Parkinson | 30.99 | | | |
| M65 | 1 | Tom Morgan | 28.76 | 3 | Rob Gray | 33.48 |
| | 2 | Bob Clarke | 31.20 | | | |
| M75 | 1 | Harry Snelgar | 40.58 | | | |

6:50 pm High Jump

| | | | |
|-----|---|--------------------|------|
| W65 | 1 | Margaret MacKinnon | 1.15 |
| M45 | 1 | Don Brown | 1.45 |
| M55 | 1 | Harold Martinsen | 1.25 |
| M60 | 1 | Eric Matthews | 1.20 |

7:15 pm 10000M

| | | | | | | |
|-----|---|---------------|-------|---|------------|-------|
| M40 | 1 | Bob Lange | 38-38 | | | |
| M45 | 1 | John Burnell | 35-43 | 2 | Doug Smart | 42-24 |
| M50 | 1 | John Harnett | 40-16 | | | |
| M60 | 1 | Andrew McComb | 40-40 | | | |

7:20 pm Long Jump

| | | | | | | |
|-----|---|--------------------|------|---|------------------|------|
| W35 | 1 | Veronica Buckley | 3.76 | | | |
| W65 | 1 | Margaret MacKinnon | 3.20 | | | |
| M40 | 1 | Bob Lange | 4.52 | 2 | Brian Witty | 4.42 |
| M50 | 1 | Don Brown | 4.90 | | | |
| M55 | 1 | Jim Liascos | 4.02 | 2 | Harold Martinsen | 3.10 |
| M60 | 1 | Eric Matthews | 3.62 | 2 | Dave Opperman | 1.70 |
| M65 | 1 | Rob Gray | 3.12 | | | |

7:20 pm Javelin Throw

| | | | | | | |
|-----|---|--------------------|-------|---|------------------|-------|
| W40 | 1 | Virginia Hare | 19.90 | | | |
| W50 | 1 | Glynn Boyce | 15.02 | | | |
| W65 | 1 | Margaret MacKinnon | 16.12 | | | |
| M40 | 1 | Brian Witty | 27.40 | | | |
| M45 | 1 | Norm Charles | 20.30 | | | |
| M50 | 1 | Don Brown | 24.26 | | | |
| M55 | 1 | Don Parker | 32.38 | 2 | Harold Martinsen | 20.24 |
| M60 | 1 | Eric Matthews | 33.46 | | | |
| M70 | 1 | Steve Halupka | 20.12 | | | |
| M75 | 1 | Harry Snelgar | 20.00 | | | |

8:10 pm 800M

| | | | | | | |
|-----|---|-------------------|------|---|-----------------|------|
| W40 | 1 | Virginia Hare | 2-34 | | | |
| W45 | 1 | Ann Lang | 2-44 | | | |
| M40 | 1 | Bob Pearce | 2-03 | 3 | Rob Mangelsdorf | 2-12 |
| | 2 | Bob Lange | 2-04 | 4 | G. Whitehall | 2-15 |
| M45 | 1 | Brian Erskine | 2-09 | 4 | Peter Dunham | 2-21 |
| | 2 | Kevin Markham | 2-13 | 5 | John Hill | 2-26 |
| | 3 | Geof Byham | 2-17 | | | |
| M50 | 1 | Dave Turner | 2-25 | 2 | Rob Grieve | 2-40 |
| M55 | 1 | Frank Rogers | 2-21 | 2 | Dave Trembath | 2-31 |
| M60 | 1 | Ron Woodcock | 2-33 | 3 | Kurt Postler | 3-19 |
| | 2 | Godfrey Parkinson | 2-38 | 4 | Dave Opperman | 4-24 |
| M65 | 1 | Bob Clarke | 2-32 | | | |
| M75 | 1 | Harry Snelgar | 3-36 | | | |

CLUB TRACK AND FIELD CHAMPIONSHIP PRESENTATION

This will be held at the Club Rooms (South Parklands, opposite Annesley College, Greenhill Road) at 12:00 pm, 3rd. May. It will be a BYO Barbeque, followed by medal presentations. Please come along.

COMMITTEE AND OTHER CONTACTS

President: Des Paul 298 5005
Vice President: Rob Grieve
Secretary: Avril Hill 379 5178
Registrar & Treasurer: Kurt Postler 264 1902
26 Hilltop Avenue, Ridgehaven, S.A. 5097
Club Captain: Laurie Whitelaw 344 1563
Trophy Steward: John Harnett 386 2314
Statistician: Judy Daly 339 5445
Editor: Paul Boyce 379 2539, 30 Gleneagles Road, Mt. Osmond, S.A. 5064
Committee members: Tom Morgan, Kevin Markham, Godfrey Parkinson
(Phone numbers after names)

OUR TRACK

The Adelaide City Council has begun its soil laying and levelling operation on our track area opposite Annesley College. The soil has been spread over the track area. As soon as possible, we shall have to stabilise the soil. Note the appeal for volunteers in the paragraph on the A.G.M. Please phone Des PAul, 298 5005 if you are prepared to help. About 20 people will be needed for the main watering installation.

UNIFORMS

Don Parker advises that current prices are:-
mens design mesh singlets \$23-50
womens singlets \$19-50
red shorts \$13-50
cloth badges \$2-50
lapel badges \$2-50
Don is usually at DRC events on Saturday afternoons in the Winter

WELCOME TO NEW MEMBERS

Welcome to all members who have joined the Club recently. Please ask for details of Club activities, and get the most from those activities by entering them as often as possible. Other Club members will be happy to supply details, and the committee is a contact base if you do not see other members regularly.

MEMBERSHIP FEES FOR 1992/1993 SEASON

Fees for 92/93 were set at the AGM as follows:-

- Club Membership only (for a period of 12 months from date of payment)
- Metropolitan area (Standard) : \$30-00
- Metropolitan area (Pensioners) : \$20-00
- Country area (All types) : \$15-00

Kurt Postler has noted that Athletics South Australia Registration (for 1/4/92 to 31/3/93) will be \$50-00 for Senior athletes (ie. over 20), and it is to be submitted through the Club Registrar for verification.

NATIONAL CHAMPIONSHIPS IN HOBART

By now, all is accomplished. The races are run, the implements thrown, the heights and widths jumped. An appeal to those who went and competed. Please send details to the editor. Laurie and Linda Whitelaw, Dave Janssan and Des Paul went, but unfortunately the editor has no knowledge of others going.

CONGRATULATIONS

Laurie Whitelaw and Linda Siviour celebrated their wedding on 14/4/92. Congratulations and best wishes for the future to Mr and Mrs Whitelaw.